

Affiliated to North Eastern Region ASA

## BINGLEY A S C GALA PROCEDURE & ENTRY FORM

The third club gala is to be held on the 23rd September, please note the following; ensure the childs name and age as at 11th November, has been entered by completing the form at the bottom of the page and returning before the closing date 18th September.

## Procedure on the night for swimmers:

- Sign in on arrival before getting changed.
  - Then get changed and sit at poolside.
- You will be called for warm up at 6.15 pm.
- Sit by poolside and wait to be collected by a superviser who will call you for your heat.
  - Gala starts at 6.45 pm
  - Medal presentation 15 minutes after the final heat.

Please note: The gala will be run under ASA regulations including disqualifications.

Only the first four swimmers in any event will be awarded medals and pennants.

All swimmers must have a valid pre payment card, cash will not be accepted on the door.

PLEASE CUT OFF AND HAND IN ON A TRAINING NIGHT PRIOR TO THE 18th SEPTEMBER. AGE: (as at 11th November 2015) NAME: (please print) PLEASE TICK THE EVENT BEING ENTERED 8 years girls frontcrawl 1 length 8 years girls backstroke 1 length 8 years boys frontcrawl 1 length 8 years boys backstroke 1 length 9 years girls backstroke 1 length 9 years girls butterfly 1 length 9 years boys butterfly 1 length 9 years boys backstroke 1 length 10 years girls butterfly 2 lengths 10 years girls backstroke 2 lengths 10 years boys butterfly 2 lengths 10 years boys backstroke 2 lengths 11 years girls butterfly 2 lengths 11 years girls backstroke 2 lengths 11 years boys butterfly 2 lengths 11 years boys backstroke 2 lengths 12 years girls butterfly 2 lengths 12 years girls backstroke 2 lengths 12 years boys butterfly 2 lengths 12 years boys backstroke 2 lengths 13 years girls butterfly 2 lengths 13 years girls backstroke 2 lengths 13 years boys butterfly 2 lengths 13 years boys backstroke 2 lengths 14 years girls backstroke lengths 14 years girls butterfly 2 lengths 14 years boys butterfly 2 lengths 14 years boys backstroke lengths 15 years girls butterfly 2 lengths 15 years girls backstroke 2 lengths 15 years boys backstroke 2 lengths 15 years boys butterfly 2 lengths 16 years and over boys butterfly 2 lengths 16 years and over girls butterfly 2 lengths 16 years and over girls backstroke 2 lengths 16 years and over boys backstroke 2 lengths

Open girls and boys 4 lengths breaststroke